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The Head and Shoulders pattern is a reversal chart formation that signals a potential trend change from bullish to bearish.

Key Components

Left Shoulder:

Head:

Initial peak in an uptrend

Right Shoulder:

Lower peak following the head, roughly equal to the left shoulder Higher peak following the left shoulder

Neckline:

Support line connecting the lows after the left shoulder and head

Characteristics

- 1. Forms after an uptrend
- 2. Volume often highest on left shoulder, decreases on

head, and is lowest on right shoulder

- **3.** Neckline can be horizontal or slightly sloped
- 4. Pattern complete when price breaks below the neckline



Identifying the Pattern

 Spot the formation of three peaks, with the middle peak (head) being the highest

2. Draw the neckline connecting the lows after the left shoulder and head

3. Confirm decreasing volume as the pattern progresses

4. Look for a break below the neckline with increased volume

Trading Strategies



1. Short Entry:

- Enter a short position when price breaks below the neckline
- Place a stop loss above the right shoulder



2. Price Target:

- Measure the distance from the head to the neckline
- Project this distance down from the neckline break for a potential price target



3. Retest Strategy:

- Wait for a retest of the neckline after the initial breakdown
- Enter a short position if the price fails to break back above the neckline

Risk Management



Use a stop loss above the right shoulder or a recent swing high

Consider scaling out of the position as price approaches the target





Be aware of potential support levels that may interrupt the downward move

Variations

 Inverse Head and Shoulders: Bullish reversal pattern in a downtrend
Complex Head and Shoulders: Multiple shoulders on each side of the head
Head and Shoulders Bottom:
Forms at the end of a downtrend, signaling a

Tips for Trading Head and Shoulders

Confirm the pattern with other technical indicators (e.g., RSI, MACD)

Be cautious of false breakdowns, especially on low volume

potential bullish reversal

Consider the overall market context when interpreting the pattern

Look for divergence in momentum indicators for additional confirmation